## ABSTRACT OF THE DISCLOSURE

A compound of the general formula R<sup>1</sup>R<sup>2</sup>MR<sup>4</sup>R<sup>5</sup> is disclosed wherein R<sup>1</sup> and R<sup>2</sup> are independently an aryl, alkyl, alkenyl, epoxy or alkynyl group, wherein at least one of R<sup>1</sup> and R<sup>2</sup> is fully or partially fluorinated, wherein M is selected from group 14 of the periodic table, wherein R<sup>4</sup> and R<sup>5</sup> are independently an alkoxy group, OR<sup>3</sup>, or a halogen group, X, except where M is Si, R<sup>4</sup> and R<sup>5</sup> are both ethoxy groups or both chlorine groups, and R<sup>1</sup> and R<sup>2</sup> are perfluorinated groups. This compound formed can be further reacted to attach an additional organic R group, and/or hydrolyzed, alone or with one or more similar compounds, to form a material having a molecular weight of from 500 to 10,000, which material can be deposited on various substrates as a coating or deposited and patterned for a waveguide or other optical device components. Methods for making compounds of the general formula R<sup>1</sup>MR<sup>4</sup>R<sup>5</sup>R<sup>6</sup> are also disclosed.